HLTAID001 Provide cardiopulmonary resuscitation

This unit describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines.

This unit applies to all workers who may be required to provide CPR, in a range of situations, including community and workplace settings.

Course Content

This course is delivered in a blended learning format. Pre-course study and assessment for theory/knowledge online and face to face training in a classroom to be assessed on practical tasks/skills simulated to the workplace environment.

Pre-course study and knowledge assessment will be provided on our online learning platform located on our website www.emergency.com.au — you will need access to a computer, phone, or tablet with access to the internet to complete the pre-course study online.

Emergency First Aid also caters to students who would like a hard copy version of the Learning Guide as opposed to the online pre-course study—please contact our Head Office.

Learning Objectives

Theory—Knowledge—you will learn and be assessed on the following:

♦ State/Territory regulation, first aid codes of practice and workplace procedures

♦ Legal, workplace and community considerations

♦ Considerations when providing CPR

♦ Basic anatomy and physiology

Practical demonstrations—Skills—you will be assessed responding to three first aid scenarios and expected to perform demonstrations on the tasks provided:

♦ Adult CPR: Perform at least 2 minutes of uninterrupted single rescuer CPR (5 cycles of both compressions and ventilations) on an adult resuscitation manikin placed on the floor, including the demonstration of a rotation of operators with minimal interruption to compressions

♦ Infant CPR: Perform at least 2 minutes of uninterrupted single rescuer CPR (5 cycles of both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface

♦ Defibrillation: Follow the prompts of an Automated External Defibrillator (AED)

♦ Manage an unconscious breathing casualty—perform how to place an adult in a recovery position

♦ Respond appropriately in the event of regurgitation or vomiting

♦ Demonstrate safe manual handling techniques and standard precautions for infection control

♦ Provide an accurate verbal or written report of the incident. *As per Training Package requirements*

Pre-requisites

Competent in written and spoken English
Students are required to be competent in written and spoken English to gain entry to the course. A Language, Literacy and Numeracy (LLN) Assessment is a mandatory requirement prior to enrolment.

Physical ability
It is important to note that HLTAID competency standards do require a level of physical ability to meet the evidence requirements for assessment. These standards relate to the level of performance required to provide resuscitation and respond to an emergency situation where there may be risk to life.
It is a Training Package requirement of this course that you are physically capable of performing uninterrupted CPR for at least 2 minutes on a CPR manikin situated on the floor and at least a further 2 minutes demonstrating a rotation of operators with minimal interruptions to the compressions.

Emergency First Aid
—TOID: 21703

Head Office:
Suite 60, 8-34 Gladstone Park Drive
Gladstone Park Victoria 3043

Phone: 1300 301 193
Email: info@emergency.com.au
Website: www.emergency.com.au

HLTAID001 Provide cardiopulmonary resuscitation

Qualification(s) Issued:

You will be issued with a Statement of Attainment upon successful completion of your training for this unit of competency provided you have supplied your Unique Student Identifier.

Certificate Validity:

Refresher training in CPR should be carried out every 12 months as recommended in the Code of Practice for First Aid in the Workplace issued by Safe Work Australia and the Victorian WorkSafe—Compliance Code—First aid in the workplace.

Delivery Mode(s):

This course is a blended delivery format.

♦   1 hours (1) hour of online activities—Pre-study online

♦   3 hours (3) hours of supervised instruction—Classroom

♦   To find a venue closest to you—go to: https://emergency.com.au/locations/

Unique Student Identifier:

♦   If you are a new or continuing student undertaking nationally recognised training, you need a USI in order to receive your qualification or statement of attainment. If you don't have a USI you will not receive your qualification or statement of attainment.

♦   Creating a Unique Student Identifier (USI) will only take a few minutes and it is free. You only need to create a USI once and it will stay with you for life. After you create your USI, you then need to give it to each training provider you train with when you enrol.   https://www.usi.gov.au/students

If you are under 16 years of age:

♦   It is a requirement of Emergency First Aid that parent/guardian consent is obtained for students under the age of 16 to be able to participate in a course. Participants of this course must be over 14 years of age.

Student Support

Emergency First Aid recognises that all people learn differently and acknowledge that some students may require additional support. Additional support will be provided for any student experiencing:

♦   Disability and access issues
♦   Language barriers
♦   Language, literacy and numeracy issues
♦   Employment issues
♦   Any other issues that may affect their training goals.

Pathways

Emergency First Aid also provides the following first aid units of competency:

♦   HLTAID002 Provide basic emergency life support
♦   HLTAID003 Provide first aid
♦   HLTAID004 Provide an emergency first aid response in an education and care setting
♦   HLTAID006 Provide advanced first aid
♦   HLTAID007 Provide advanced resuscitation

Tuition Fee: $65.00

Emergency First Aid
—TOID: 21703

Head Office:
Suite 60, 8-34 Gladstone Park Drive
Gladstone Park Victoria 3043

Phone: 1300 301 193
Email: info@emergency.com.au
Website: www.emergency.com.au